



## PDF Details

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## Term 3 Week 9 2023

### SASS Week

Ross Hill Public School is very fortunate to have an amazing group of SASS staff! Last week was **SASS WEEK** and we would like to acknowledge their contribution to our students and teachers in the many roles they perform everyday. Thank-you for all you do and for being such an important part of our school team.



### Modern Day Conflicts Commemoration Ceremony

Ryan attended the Modern Day Conflicts Commemoration Ceremony on Saturday 9th September to lay a wreath on behalf of Ross Hill Public School. It was lovely service.



### RHPS Debating

A huge *congratulations* to the RHPS Gold Debating team, they won the round of the debating competition against Tamworth City in Armidale.

A huge thanks to Mrs Bird for being the team manager and supporting them in their success today.



### "Bushfest"

Students in Years 3-6 joined other schools in the region last Wednesday in Armidale for a day of singing called "Bushfest". Students had been learning two songs for this event in music lessons with Mrs Mackson and spent the day with Australian composer and conductor Paul Jarman. The day involved rehearsing the songs, playing music games and concluded with a concert. Thank you Ms Considine and Mrs Bird.

*A fun day was had by all.*





## PSSA Soccer Match

Our boys soccer team went down in the regional final today. They played a great game, however Tamworth Public were just too strong.

The Ross Hill boys should be proud of their efforts this year. Mr Migheli was very happy with the boys effort and sportsmanship.



## North West Rugby 7's

*Congratulations* to Chelsea who competed with the North West Rugby 7's Team in Mudgee last week. This is a great achievement for Chelsea and demonstrates her all-round skill and sportsmanship, well done for reaching state level in a sport that you love. Ross Hill is very proud of you !



## Todd Woodbridge Cup

Stage 2 students had a wonderful opportunity to compete in the Todd Woodbridge Cup last Monday at the Inverell Tennis Courts. A big thank you to Miss Lindsay for organising and

supporting today's competition and Ms Miranda and Mrs Williamson for their student support at the courts.



## Kindergarten Garden Party 2023

Yesterday we hosted our annual Kindergarten Garden Party. Ross Hill Kindergarten 2023 welcomed over 180 students from local daycares (including many of our Ross Hill Kindergarten 2024 enrolments) and their supporting adults.

Thank you again to George Street, KCL, Kindermindi Preschool, Jack and Jill Prechool, Inverell District Family Services - IDFS, Catherine Campbell Centre, Little Sprouts Learning Centre for joining us.





## SRC School Disco



## Healthy Lunch Box Ideas

### Nutrition Snippet

### HOW TO PACK A HEALTHY LUNCH BOX



A good lunch gives children energy and nutrients to learn, play and grow, and sets them up with lifelong healthy eating habits.

But what does a healthy lunch box look like? Find out in our [short video](#).

[healthylunchbox.com.au](http://healthylunchbox.com.au)



Cancer Council  
Healthy Lunch Box

## SRC Worm Juice

### SRC WORM JUICE


Give your plants a little head start with the warmer weather


First bottle is \$10 then return the bottle for a \$5 refill  
\$20 for 5 litre containers  
\$60 for 20 litre containers

Get in quick – only while our stock lasts



## Screen Ages Documentary






# SCREEN AGERS

Growing up in the Digital Age. A documentary addressing the impact of the digital revolution and how screen time is affecting both children and adults.

• **Wednesday September 6th**

**6:00 pm**

**ICYOUTH CENTRE**  
**18 VIVIAN ST INVERELL NEAR TAXI RANK**

Run Time - 67 minutes  
Light refreshments provided  
FOLLOWED BY DISCUSSIONS WITH  
EXPERT PANEL TO HELP MAKE POSITIVE  
CHANGES FOR THE FUTURE

Proudly funded by  


Recommended to ALL Ages and students 10 years up