



PDF Details

Andrew St
 Inverell NSW 2360
 Subscribe: <https://roshillps.schoolzineplus.com/subscribe>

Email: rosstill-p.school@det.nsw.edu.au
 Phone: 02 6722 2475



Term 3 Week 4 2022

Education Week Awards

I feel very honoured to announce the recipients of our Sapphire Community of Schools Education Week Awards. A huge congratulations goes to:

Student Award - Alice Trevithick

Staff Award - Ms Raneer Cutmore

Community Member Award - Mrs Susan Turner

They are very deserving winners and we appreciate their contributions to our school.

We would also like to congratulate Mrs Judith Doak, Mrs Deborah Johns, Mrs Melissa Wheeler, Mrs Fiona Attwood, Mrs Margaret Hewat and Mr Preston Connors for their years service in the Department of Education.

Mrs Debbie Baker

Principal

Congratulations !



4G Clay Day

Last week 4G students had a fantastic day with Mrs Walburn making dragons out of clay. We are so grateful that Mrs Walburn continues to share her passion and knowledge for pottery with our teachers and students



Opens Football Team



Congratulations to our RHPS Opens Football Team which had another great win last week when they defeated Narrabri Public School 4 - 0. The boys should be very proud of their efforts and

sportsmanship that they displayed on the day.

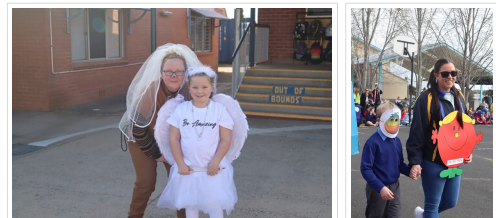
A huge thank you goes to the teams super coach Mr Migheli on doing such a great job.

Book Fair Parade

We would like to say a huge thank you and congratulations to Mrs Davis, Mrs Wijerathna and Mrs McFarlane for all their hard work and organisation of such a wonderful Book Fair, it has been a huge success.

On Monday we had our annual Book Fair Parade and what a fantastic roll up we had! Thank you so much to all of our families who were able to join us, there were some awesome costumes and lots of book prizes presented.

Let's continue to work together to instill a love of books and reading for our children.



ANZAC Memorial Garden



General Assistants are such an asset to a school and we have got one of the best!

Troy always has our school looking immaculate and we are so grateful to have him. His pride and attention to detail are second to none !

This is one of his latest projects - An ANZAC tribute garden.

Covid - RAT's



Just a reminder that if you are in need of any RAT's we have them available at the school office.

Please call in and collect a box or phone the office on 6722 2475 to arrange your child to collect a box and take home.

Headlice



Once again headlice are on the move! Parents are asked to please check your child's hair frequently and treat as necessary. A whole treatment involves hair, washing hats, pillows and bed linen. A follow up treatment in 7 days completes the process.

Lost Property



Has your child lost any school clothing?

For easy return of all lost property we ask parents to please help us by labelling all school clothing with your child's name.

We encourage students to place their clothing into their bags after taking the off through the day.

Working with Children



Did you know that you don't always need a Working With Children Check (WWCC) to help at school?

Parents or close relatives of a child at school are able to complete a volunteer declaration form available at the school office. This

includes day-to-day reading helpers, canteen helpers, and other volunteers.

To complete the form you need to provide identification in the form of a Government-issued photo ID showing your full name, date of birth, and current address. Staff are able to assist anyone when filling out the form.

Worm Juice



Give your plants a nutritional boost with our Worm Juice concentrate collected straight from our schools own worm garden. Come into the front office and purchase a 1 litre bottle for \$10 (a refill will be \$5) or if you bring in your own bottle in you can purchase the worm juice for \$5 a litre All monies raised from the sale of our Worm Juice goes to our Student Representative Council.

Good for kids
good for life







Start your day with breakfast

Breakfast refuels your body, ready for the day!



Kids who eat breakfast have more energy to be physically active. They can concentrate, problem solve and focus better at school.

-  Involve kids in planning, shopping and making breakfast. It teaches kids how to plan, prepare and cook meals
-  Prepare the night before e.g. get out kitchen utensils, plates, cups, cut up fruit
-  Sleep in? Try healthy grab and go options; fruit, trail mix, fruit smoothies, bag of wholegrain cereal, reduced fat yoghurt, baked beans
-  Encourage your kids to start the day with breakfast. Make time to sit and enjoy eating breakfast together

Source: Breakfast: encouraging children to eat and enjoy <https://raisingchildren.net.au/toddlers/nutrition-fitness/breakfast-lunches/breakfast>



HNELHD-GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>

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